

REVISED GUIDELINES FOR MONTAGUE ULLMAN'S DREAM GROUP PROCESS AND ITS *DERIVATIVES*

The original process:

Montague Ullman's Experiential Dream Group Process and methods are outlined and detailed in his book, "Appreciating Dreams: A Group Approach," copyright ©1996. Dr. Ullman emphasized that only processes following precisely every stage of this process as demonstrated in his workshops and described in his book may be referred to as following the Ullman Dream Group Process.

Modified processes in live dream groups:

If Dr. Ullman's process has inspired you to create and conduct your own modified process, please identify your process as a **derivative**, not the original process.

Online dream groups:

Dr. Ullman was adamant that his eponymous process not be conducted online. The Ullman Process is incompatible with online usage as it relies upon the twin pillars of the **safety/privacy principle** and the discovery principle. The dreamer and the process itself would be put at risk in an online dream group for many reasons, including but not limited to the potential for voluntary or involuntary public exposure and digital recording.

Under no circumstances may an Ullman-inspired **online** dream group be permitted to use the name "Ullman" in its title. Legal liability is fully assumed by the leader of any online dream group in the event of a security breach.

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