

Dream Group Forum in Finland — Dream seminar, 26.-28. 9.2008

PROGRAM

Place: [Friendship Inn](#), Kalkkilantie 74, 25110 Kruusila, halfway between Helsinki and Turku
Room for about 30 attendees

	FRIDAY 26. 9.	SATURDAY 27. 9.	SUNDAY 28. 9.
-09.30		<i>BREAKFAST</i>	<i>BREAKFAST</i>
09.30-12.00		DREAM GROUPS	DREAM GROUPS
12.00-13.00		Dr. William R. Stimson from Taiwan: <i>The Ullman Dream Group as a University Course.</i> See below	FFSD Chairman Jette Cabo about dream work with children.
13.00-14.00		<i>LUNCH</i>	<i>LUNCH</i>
14.00-15.00		FREE TIME to go for a walk, read, talk etc.	CREDO ("I believe") The opportunity especially for our international guests to present free form short 5-10 min. accounts about anything connected with dreams, like how & why I am here today, what I wish, what I want, which is the place of dreams in my life, etc.
15.00-16.00		WORKSHOPS : 1) Kirsi Salonen: <i>How nature and dreams take care of us</i> -Dream group work in nature. See below	
16.00-17.00	Coffee with sandwiches	2) Maria Santavuori: <i>African ritual dance as bodily dream view</i>	Goodbye coffee & sharing of the experiences of the seminar
17.00-18.00	Risto Santavuori <i>Welcome, introduction</i> <i>The significance of structural aspects of leading Ullman dream groups</i>	3) Meeting for dream group leaders & others interested in leading a group. Free flowing discussion about practical questions, problems & other topics raised in working as a leader.	
18.00- until wee hours?	DREAM GROUPS 18.00-20.30 After dream groups supper. Sauna is warm if anyone would like to take a bath.	Social gettogether with sauna and food and Risto Santavuori presents: <i>The vistas of awareness-communication: shaman drum as mediator of inner feelings and moods</i>	

Bill Stimson is an adjunct Associate Professor in the Department of Social Policy and Social Work at Taiwan's National Chi Nan University where, with his wife, Shuyuan Wang, he teaches a course on dreams. This course involves no lectures, uses no textbook, and entails no study. Every four-hour class meeting starts with an hour's open discussion and then turns into a three-hour Montague Ullman experiential dream group in which the students work with their own dreams. Everything the students learn in this course about dreams, they learn from working with their own dreams. In addition, Bill has an ongoing monthly all-day dream group in Taichung and another in Taipei. These are in English. Shuyuan travels all over Taiwan leading Chinese-language dream groups in many different institutions.

Kirsi Salonen

Workshop themes:

- * We are part of nature, dreams are part of nature.
- * Nature environment tunes the mind closer to dreams' original source, closer to original relationship with nature.
- * The meaning of dream is to connect with ourselves
- * When you get contact with yourself, you are able to live more fully as part of your own nature.

In the workshop I combine eko-psychological methods with Montague Ullman's dream group work. Because workshop is carried out partly or in full out in the nature, clothes adjusted to weather conditions are recommended.

The leader of the group is psychologist/eko-psychologist Kirsi Salonen, Ph.D.