

This page provides the latest info!

Dream Group Forum in Finland [Suomen uniryhmäforum, Surf]

invites you to

Surf XIV Dream Seminar Sept. 7-9, 2018

[\(Short history of Surf\)](#)

About the seminar

The backbone structure of this seminar is the three dream group sessions. All dream groups are based on Montague Ullman's method. No earlier experience is required nor any other special training.

Seminar's organization is informal and self-organizing. Participants have very different backgrounds both in their education and training as well their experience in working with the Ullman method. With such a mix, the newcomers can feel safe and supported in their quest to learn about this method as we cooperatively help each other in formation of the groups, choosing the leaders for the groups etc.

Language

Bulk of the participants are Finns, and therefore main language is Finnish, but languages can be changed very spontaneously and without effort. We have had during previous seminars **participants from different countries** and the language has not caused any problems. The language of the dream groups will be determined by the participants.

Cost

The fee is **117 euros**, room and full board included. The seminar itself is free. It is easiest to pay in cash at the venue to Markku Siivola. For shorter (or longer) stay, negotiate with Friendship Inn's staff. info@ystavvydenmajatalo.fi.

Weather

Finland is a Nordic country with very changeable weather. Medium temperature is +10, but anything between +20 and +5 Celsius are possible. Therefore please prepare yourself with due clothing, and check the 5 day weather (temperature and rain forecast) in advance [in this link](#).

Venue

See [Friendship Inn](#) See [Inn's arrival info](#) Complementary arrival info [at the end of this document](#).

Friendship Inn is a commune with a social awareness agenda. It is located by a lake in Southern Finland. It is not in any way fancy, but cozy and inspirational. The staff are mainly volunteers.

The food served is simple home cooking. Please inform us of any **dietary restrictions**. Simple restrictions due to dietary allergies (gluten, lactose) can be noted. Vegetarian diets are available.

Lodging

Rooms are for 1-6 people. Most of the rooms come with a toilet but showers are in shared areas. Lodgings are decided by the staff on arrival, special needs are taken into consideration. Bed linen and towels cost 5€ if you do not have your own with you.

Since this is Finland, one big attraction is possibility for **sauna** bathing every night by the lake, even with a dip into the quite cool waters. Sauna has been one of the great attractions for our foreign guests! The view is quite fantastic.

Sign up to surf@siivola.org.

PROGRAM

Fri 8.9.	Sat 9.9.	Sun 10.9.
	<p>8.30 – 9.30 breakfast</p>	<p>8.30 – 9.30 breakfast</p>
	<p>9.30 – 13 DREAM GROUPS, followed by feedback discussions inside groups, then between groups.</p>	<p>9.30 – 12.30 DREAM GROUPS</p>
	<p>13-14 lunch</p>	<p>12.30-13 All groups: feedback discussion, and planning the date of forthcoming autumn seminar.</p>
	<p>14–15 free time</p>	<p>13 lunch & goodbye coffee</p>
	<p>15-16 All groups together sharing our thoughts about our personal group experiences and about the dream group method itself.</p> <p>16-16.30 coffee break</p>	
<p>17–18 Coffee & light dinner. Lodging arrangements & forming/gathering up the dream groups. <i>Please arrive in good time</i> in order not to miss the beginning of the groups!</p>	<p>16.30-18.30 No programs arranged yet. Would you be interested to submit your own presentation, workshop, share your personal experiences, test new ideas, etc.? Send your suggestions to surf@siivola.org. Participants can also organize their own programs as exploring the surrounding nature, etc.</p>	
<p>18–21 DREAM GROUPS, after them cold supper and sauna (with own drinks)</p>	<p>19.00- Social get-together with sauna by the lake, and dinner & free program. Please provide your own drinks and goodies!</p>	

ARRIVAL INFO

Road distance to [Friendship Inn](#) (Ystävyysden Majatalo)

96 km from **Helsinki**

75 km from **Turku**

174 km from **Tampere**

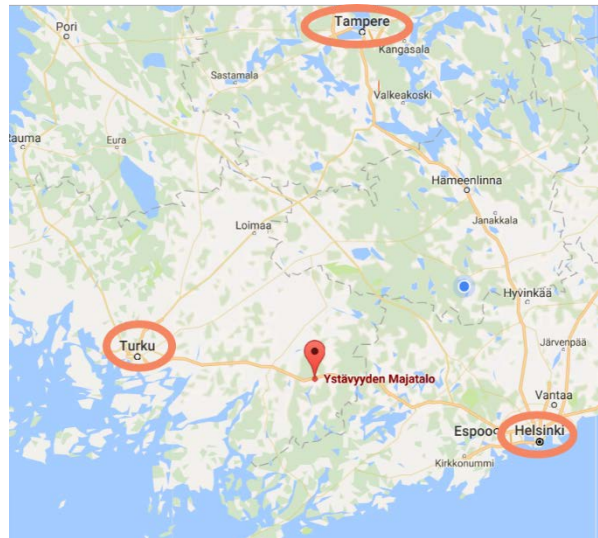
Note: Timetables not yet updated to 2018!

ARRIVING BY BUS

Sept. 8, 2017

Timetables and tickets

at <http://www.matkahuolto.fi/en/>



Most suitable times:

FROM Helsinki (15:30) TO Suomensjärvi Kivihovi (16:35)

FROM Turku (15:15) TO Muurla (16:40)

FROM Tampere (12:00) TO Salo (15:45)

ARRIVING BY TRAIN

Sept. 8, 2017

Timetables and tickets

at <http://www.vr.fi/cs/vr/en/frontpage>

Most suitable times:

FROM Helsinki (14:37) TO Salo (15:57)

FROM Turku (15:30) TO Salo (16:00)

FROM Tampere (13:02) TO Salo (15:57)

ARRIVING BY CAR

From **Highway 1** take **Exit 17** towards "**Kruusila / Rekijoki**", turn towards **Kruusila**, drive 700 metres and look right. [See the directions on map](#)

Friendship Inn will fix the transport for the remaining 10 km distance to Friendship Inn from Suomensjärvi Kivihovi, Muurla or Salo. See [Inn's instructions](#)

+358 400 666996 Markku Siivola

+ 358 40 5555387 Pirjo Juhela