

## **Dream Group Forum in Finland** [Suomen uniryhmäforum, Surf] arranges

**Dream seminar Sept. 7.-9, 2018**

*This page has always the latest info*

### ***About the seminar***

Seminar's organization is informal (see the program next page). Dream groups based on Montague Ullman's method are the key functions. Self-organizing of the groups is encouraged. Among the participants there are experienced dream group leaders to guide through the processes. Earlier experience with dreamwork is not needed and neither any other special training.

Surf's activity is based on free cooperative work. The organizers of the seminar participate pro bono, so the cost of the seminar consists only of room and board.

The bulk of the participants are Finns, and the main language is therefore Finnish. We have had during the years **participants from different countries**. To our surprise the language has not caused any problems. Changing of languages occurs without an effort and translations are served with humor. The **language** of the dream groups will be determined by the participants and they have worked well.

[See a short history of Dream Group Forum in Finland](#)

### ***Venue***

See [Friendship Inn](#) See [Inn's arrival info](#) Complementary arrival info [at the end of this document](#).

Friendship Inn is a commune with a social awareness agenda. It is located by a lake in Southern Finland. It is not in any way fancy, but cozy and inspirational. The staff are mainly volunteers.

The food served is simple home cooking. Please inform us of any **dietary restrictions**. Simple restrictions due to dietary allergies (gluten, lactose) can be noted. Vegetarian diets are available.

### ***Lodging***

is in rooms for 1-6 people. Rooms contain a bathroom but showers are in shared areas. Lodgings are decided by the staff on arrival, special needs are taken into consideration. Bed linen and towels cost 5€ if you do not have your own with you.

Since this is Finland, one big attraction is possibility for **sauna** bathing every night by the lake, even with a dip into the quite cool waters. Sauna has been one of the great attractions for our foreign guests! The view is quite fantastic.

### ***Sign up***

to [surf@siivola.org](mailto:surf@siivola.org).

### ***Cost***

**total 117 euros**, full board included. It is easiest to pay in cash at the venue to Markku Siivola. For shorter stay, negotiate with Friendship Inn's staff [info@ystavyydenmajatalo.fi](mailto:info@ystavyydenmajatalo.fi).

# PROGRAM

Fri 8.9.	Sat 9.9.	Sun 10.9.
	<p><b>8.30 – 9.30</b> breakfast</p>	<p><b>8.30 – 9.30</b> breakfast</p>
	<p><b>9.30 – 13</b> DREAM GROUPS, followed by feedback discussions inside groups, then between groups.</p>	<p><b>9.30 – 13</b> DREAM GROUPS</p>
	<p><b>13-14</b> lunch</p>	<p><b>13-14</b> collective feedback discussion</p>
	<p><b>14–15</b> free time</p>	<p><b>14</b> lunch &amp; goodbye coffee</p>
	<p><b>15-16</b> No programs arranged yet. Would you be interested to submit your own presentation, workshop, etc.?</p> <p><b>16-16.30</b> coffee break</p>	
<p><b>17–18</b> Coffee &amp; light dinner. Lodging arrangements &amp; forming/gathering up the dream groups. <i>Please arrive in good time</i> in order not to miss the beginning of the groups!</p>	<p><b>16.30-18 (18.30)</b> No programs arranged yet. Would you be interested to submit your own presentation, workshop, etc.?</p>	
<p><b>18–21</b> DREAM GROUPS, after them cold supper and sauna (with own drinks)</p>	<p><b>18-19</b> free time</p> <p><b>19-</b> Social get-together with sauna and dinner &amp; free program. Please provide your own drinks and goodies!</p>	

# ARRIVAL INFO

Road distance to [Friendship Inn](#) (Ystävyiden Majatalo)

96 km from **Helsinki**

75 km from **Turku**

174 km from **Tampere**

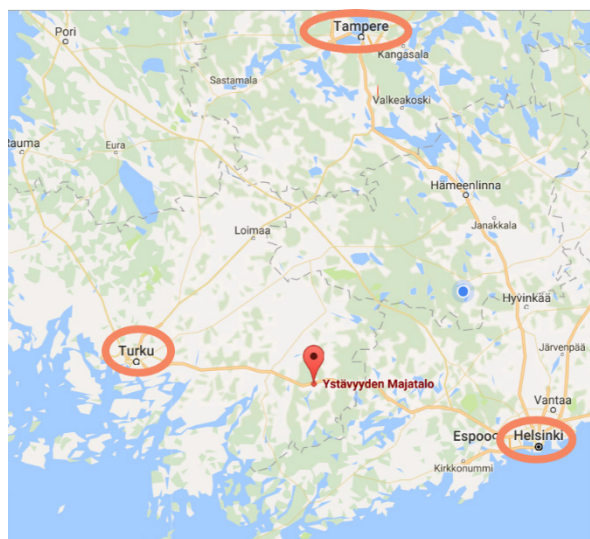
**Note: Timetables not yet updated to 2018!**

## ARRIVING BY BUS

Sept. 8, 2017

Timetables and tickets

at <http://www.matkahuolto.fi/en/>



Most suitable times:

FROM Helsinki (15:30) TO Suomensjärvi Kivihovi (16:35)

FROM Turku (15:15) TO Muurla (16:40)

FROM Tampere (12:00) TO Salo (15:45)

## ARRIVING BY TRAIN

Sept. 8, 2017

Timetables and tickets

at <http://www.vr.fi/cs/vr/en/frontpage>

Most suitable times:

FROM Helsinki (14:37) TO Salo (15:57)

FROM Turku (15:30) TO Salo (16:00)

FROM Tampere (13:02) TO Salo (15:57)

## ARRIVING BY CAR

From **Highway 1** take **Exit 17** towards "**Kruusila / Rekijoki**", turn towards **Kruusila**, drive 700 metres and look right. [See the directions on map](#)

Friendship Inn will fix the transport for the remaining 10 km distance to Friendship Inn from Suomensjärvi Kivihovi, Muurla or Salo. See [Inn's instructions](#)

+358 400 666996 Markku Siivola

+ 358 40 5555387 Pirjo Juhela